THE IMMANUEL MESSENGER

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IMMANUEL LUTHERAN CHURCH OF OSMAN The Lutheran Church-Missouri Synod



Reverend Jeffrey McPike, BCC

July 2020

This is My commandment, that you love one another as I have loved you. ~ John 15:12

From Pastor McPike's Desk...

Public in-person worship resumes July 12!

It has been quite some time since we have met as a church – March 15, 2020 to be exact. This unusual situation has worked to keep us all safe from the ravages of this virus. Not only has it minimized transmission, it has also helped gather data on transmission methods, and exactly what we need to do in order to stay safe.

The church council has determined that we will start holding in-person worship services once again on July 12, 2020. In so doing, we cannot go back to "business as usual". Instead, there are a goodly number of things we will need to observe, which you will find below.

- WE URGE ANYONE WHO DOES NOT FEEL COMFORTABLE IN ATTENDING CHURCH IN PERSON TO CONTINUE TO LISTEN TO OUR SERVICES. They are posted on our website, www.osmanlutheran.org sometime after the service.
- **FOR THOSE NOT COMFORTABLE** coming to church, drive-up communion will be offered **AFTER** the worship service, by appointment. Please call Rick and Jill at the numbers indicated to sign up.
- HOLY COMMUNION will be celebrated July 19 and July 26, available both within the service and via drive up.
- **CROWD SIZE** will be limited to 40 people.
- Reservations are necessary. I know that sounds very strange, but as we look at SAFETY we have an obligation to do what we can to ensure each person is safe. Please call RICK and JILL HARDESTY at 217-841-3487 (Jill) or 309-830-8531 (Rick). Once 40 people limit is reached, callers will be invited to be first on the list for the following Sunday.
- ALL PEOPLE ATTENDING WORSHIP SHOULD WEAR A FACEMASK.

- WE WILL BE SEATING EVERY OTHER ROW ONLY. Please sit in rows as directed by the ushers. We understand that your favorite row might be blocked off, but please be understanding and follow usher guidance. This separation is to allow for proper six-foot social distancing as recommended by the CDC.
- **FAMILY UNITS** (same household) are encouraged to sit together and obviously do not need to observe social distancing. This will help with a better distribution of people in the church.
- USHERS WILL BE SEATING YOU PRIOR TO THE SERVICE AND DISMISSING YOU AT THE CONCLUSION OF
 THE SERVICE. Please be patient. We will be seating prior to the service from FRONT to BACK in the
 sanctuary. We will be dismissing at the close of the service from BACK to FRONT. This again, is to ensure
 proper social distancing protocols as designated by the CDC. Because of the small spaces in the back of
 the church, please wait at the door to be greeted and then ushered in, and please exit the building upon
 dismissal.
- **COMMUNION** will be distributed throughout the congregation by the pastor. Nobody will come forward for communion.
- PLEASE WEAR A MASK WHILE SINGING. To minimize spread of any virus, a mask should be worn while singing. At this point, the congregation will remain seated for songs and prayers, standing only for the gospel reading during this time.
- WE WILL NOT BE SHAKING HANDS OR HUGGING WHILE GREETING EACH OTHER. At this time, we will
 be enforcing proper social distancing and greeting each other with a nod, wave, and kind words. Visiting
 is safer outside, but please observe social distancing.
- USHERS WILL WEAR GLOVES WHEN HANDING BULLETINS/ANNOUNCEMENTS. If you do not take your announcements home, please throw them away in the trash can as you leave the church.
- THERE WILL BE NO COLLECTION OF OFFERING DURING THE SERVICE at this time. There will be collection plates at the rear of the sanctuary for you to place your tithe in as you exit the sanctuary.
- Hand sanitizer is available at the entrance of the sanctuary. PLEASE SANITIZE YOUR HANDS PRIOR TO COMING INTO THE SANCTUARY.
- **DOORS** will remain open when coming in and leaving so as to prevent the need for everyone to touch the handles.

This was received in response to the invitation to the cancelled 125th celebration, Pastor Scheck was a summer vicar here at Immanuel during the summer of 2013.

Dear members of Immanuel Lutheran Church of Osman,

Thank you so much for the invitation. Congratulations on 125 years! Sadly, my family and I will not be able to attend this celebration. When I got your letter, it brought back many memories of my times with you. Wow! That goes all the way back to the end of my first year at seminary. Today, that feels so long ago. I pray that your celebration is not hindered by this virus and that everyone remains safe and confident in our Lord Jesus Christ.

Unless my wife, Sara, is filling you in on social media, you may not know that I have now been blessed with three children. Joanna (2 1/2), Jeremiah (1 1/2), and now Ava - somehow we got stuck on having an "ah" sound at the end of their names. Because Ava was born on April 6th, she was baptized on Easter Sunday! There is no greater day for a Baptism than the resurrection of Jesus. Just as He died and rose, so now she has died with Christ and risen with Him, Alleluia!

Other than that, my family and I are doing well. Life with two churches during this virus has been interesting with plenty of struggles, but Christ will see us through.

The Lord be with you all! Pastor Jonathan Scheck St. Paul Lutheran Church Oswego, Kansas

125th Celebration Postponed

After much thought and discussion, the church council has recommended that the 125th celebration that was planned for July 19th, 2020 will be postponed until the summer of 2021. The church council felt it was in the best interest of everyone involved, with what is going on with COVID-19 to postpone the celebration until next summer of 2021, when we hope that we can properly gather and worship again as we are accustomed to.

New Phase 4 Restrictions

The church council is monitoring the new Phase 4 restrictions that will be in place soon and possible changes to those restrictions. We'll keep the congregation informed of any new developments.

Ladies Aid / LWML

Ladies Aid/LWML will hold their monthly meeting on Thursday, July 9th at 1:30 in the fellowship hall. Safety precautions will also be necessary, so please wear a face mask and we will be practicing social distancing. The topic will be given by Wilma Grussing and the hostesses will be Terri Hooker and Connie Warsaw. The roll call will be answered with a Bible verse about freedom.

Quilting

Quilting will resume. All ladies of the church are invited to participate in making quilts for Lutheran World Relief on July 6th and 8th beginning at 8am in the fellowship hall.

What's Your Sun Safety IQ?

Sun safety is not just for vacation. Are you sun-safe every day? Take the American Cancer Society quiz and find out.

1. I can't get skin cancer, because my normal routine (driving to work, hobbies, vacations) does not include a lot of time outdoors.

True

False

The correct answer is False. Dermatologists say brief sun exposures all year long can add up to major damage for people with fair skin. And some of the suns ultraviolet (UV) rays can pass through windows, so driving or even sitting by a window during peak sun hours, 10:00-4:00 pm, can expose your skin to damaging UV rays if the sun is shining directly on you. Everyday exposures are linked to squamous cell skin cancer. Although not as dangerous as melanoma, squamous cell skin cancer is far more common and the number of cases is going up every year.

2. Should I use sunscreen at football games, even though I only go (and get burned) only once or twice a year?

True

False

The correct answer is True. Many people think it's OK to get sunburn now and then, but studies show that even occasional exposure to strong sunlight seems to increase the risk of the most deadly type of skin cancer, melanoma.

3. If I'm wearing sunscreen, can I stay in the sun as long as I want?

True

False

The correct answer is False. It's not smart to broil in the sun for several hours, even if you are wearing sunscreen. These products don't provide total protection from UV rays. The American cancer society recommends that people seek shade and limit the time in the sun at midday. Also, cover up with a shirt, wear a wide-brimmed hat, use a broad-spectrum sunscreen rated SPF 30 or higher, and reapply every 2 hours. Lip balm with sunscreen is a wise choice. And don't forget the sunglasses to protect your eyes.

4. A sunscreen labeled SPF 15 blocks more UV radiation than one labeled SPF 30.

True

False

The correct answer is False. The Sun Protection Factor (SPF) describes how well a sunscreen protects against UVB rays (although it says nothing about UVA rays). SPF 15 sunscreens filter out about 93% of UVB rays, while SPF 30 sunscreens filter out about 97%. Be sure to use a broad spectrum product that blocks both UVB and UVA light. It's also important to use enough sunscreen and reapply it often, especially after sweating or swimming.

5. It's safe to let my children stay in the pool all day if they slip on a T-shirt after a couple hours and reapply sunscreen on their faces, arms, and legs.

True

False

The correct answer is False. UV rays can easily go through a white cotton T-shirt, especially if it's wet. Most wet light colored T-shirts only give as much as SPF 4 sunscreen – certainly not enough for all day and well below the minimum of SPF 30. Better clothing choices include dark colors, fabrics with tight weaves, and

specially treated sun-protective garments and swim suits. Another great choice is moving into the shade during mid-day, when the sun's rays are strongest. For babies younger than 6 months, shade, sun protective clothing, and hats are best. As a last resort, pediatricians say that very small amounts of sunscreen can be used on small areas, such as the face and back of hands.

6. How often do I need to apply water-resistant sunscreen?

Every 2 hours or sooner After sweating or swimming After I towel dry All of the above

The correct answer is All of the above. For best results, most sunscreens need to be reapplied about every 2 hours or sooner, but be sure to check the label. Sunscreens labeled "water resistant" are made to protect you from burning when you swim or sweat, but may only last for 40 minutes. "Water proof" sunscreen may protect for 80 minutes. Apply 1 ounce, or a palm size for an adult. Also, remember sunscreen rubs off when you towel dry.

7. Getting a "base tan" at an indoor tanning salon is a good way to prevent sunburn when I go to the beach later in the summer.

True

False

The correct answer is False. Experts say a "base tan" gives you very little protection against sunburn. Also tanning itself injures the skin. What you don't see is UV damage to the deeper layers, where it builds up from every tan and burn you've ever had. There really is no such thing as a "safe tan".

8. You applied sunscreen at noon for an afternoon of reading by the pool. At 2pm, which one of the following actions would best protect your skin?

Slip on some loosely woven cotton clothes

Move to the shade

Reapply sunscreens

The correct answer is Move to the shade. While all 3 actions may help, getting out of the mid-day sun is the best choice. Seeking shade is a key element in preventing skin cancer. Sunscreen should not be used to extend your time in intense sunlight. Outdoor clothing with an Ultraviolet Protection Factor would be better choice than a loosely woven cotton one.

American Cancer Society
Susan Miller parishnurse@osmanlutheran.org



Happy Belated Birthday to Jeri Bidner!

She celebrated her 99th birthday with her family in an outdoor setting on Thursday, June 19th.

May God's continuous blessings be with you always, Jeri!

JULY 2020

Due to the COVID-19 Virus guidelines, all these activities will be pending the decisions made by the Church Council and Pastor McPike.

Osman's Upcoming Events

Tentative Upcoming Events

July 6 - Quilting

July 8 - Quilting

July 9 - Ladies Aid/LWML meeting 1:30PM

July 12 - Church in-person worship starts

July 19 - Drive up communion

July 26 - Drive up communion

Aug 23 - Confirmands Questioning & Reception

Aug 30 - Confirmation

2021 - Centennial Celebration

July Anniversaries

Marti and Steve Brandt	07-06-1984
Deb and Dick Johnson	07-10-1971
Hallie and Greg Payne	07-12-2011
Marsha and Steve Warsaw	07-16-1977
Rebecca and Scott Gercken	07-21-2007
Nikki and Rob Gallier	07-24-1999
Nicole and Jesse Johnson	07-28-2007

Statistics

Date	Worship	Sunday School	Conf	Adult Class
6/7	0	Covid-19	0	0
6/14	0	Covid-19	0	0
6/21	0	Covid-19	0	0
6/28	0	Covid-19	0	0

July Birthdays

Ryan Lammle	07-02
Jessica Poppe	07-03
Joshua Poppe	07-03
Jerry Edwards	07-05
MacKenzie Delaney	07-06
Weston Hasty	07-06
Larry Lutz	07-12
Wilma Grussing	
William Schroeder	07-14
Ryan McPike	07-15
Aaron Warsaw	07-15
Bryan Warsaw	07-15
Carolyn Majercin	07-20
Shane Zimmerman	07-21
Jane Poppe	07-27
Stefani Warsaw	07-28
John Haggin	
Roy Whitehouse	07-30

