

THE IMMANUEL MESSENGER

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IMMANUEL LUTHERAN CHURCH OF OSMAN

The Lutheran Church-Missouri Synod



Reverend Jeffrey McPike, BCC

September 2019

As each has received a gift, use it to
serve one another, as good
stewards of God's varied grace.

1 Peter 4:10

From the Desk of Pastor McPike...

Interest has been shown in an Adult catechism class. If you would like to do this as a refresher, please contact Pastor McPike. The class starts Sunday, September 8th, and will meet after church. The schedule will remain somewhat flexible based on Pastor needing to also teach the 8-9 grade class once a month.

Ladies Aid Meeting

The next Ladies Aid meeting will be September 4th at 1:30pm in the Fellowship Hall. Wilma Grussing has devotion and refreshments, and Annette Warsaw has topic. Roll call will be answered with a verse on sacrifice. All ladies are welcome to attend.

Acolytes for September

September 1 - Addi Warsaw
September 8 - Ashley Genzel
September 15 - Jack Gallier
September 22 - Jenna Clemmons
September 29 - Megan Bidner

Church Cleaning

Everyone (both men and women) are urged to participate in the church cleaning on September 20th beginning at 8am. Bring cleaning supplies to assist in this project.

125th Ornaments

125th ornaments are available until after the 2020 celebration. Please see Debbie Martin, Christie Delaney, Wilma Grussing, or Marsha Warsaw. Thank you!

Thank You!

Thanks to everyone who participated in the church directory pictures. Work is still being done on the collage pages and memorial pictures for the directory. A special thanks to Annette Warsaw as our graphic designer, and Diana Zimmerman (chairman), Terri Hooker, and Debbie Lammle for helping with organizing this project.

Wedding Bells!

Our congratulations to Courtney Delaney and Kyle Williams on their upcoming wedding on September 7th at Christ Lutheran Church in Normal. Courtney is the daughter of Leonard and Christie Delaney, and great-granddaughter of Bill and Moneta McCleary. Kyle is the son of Doug and Diana Williams, also of Fisher. Pastor McPike will be officiating. God's blessings to this special couple!



Family History and Cancer

Your family medical history is a record of diseases and conditions that run in your family, especially among close relatives. You may share similar genes, environments, and habits that can affect your risk for getting certain diseases, including some cancers. A family history of breast, ovarian, uterine, and colorectal cancers can increase a woman's risk of developing these cancers. Telling your family history to your provider is the first step to find out if you may be at increased risk. It will help guide you and your provider in deciding what tests you need, when to start, and how often to be tested. While genetic testing and counseling are not recommended for all women, it is important for all women to know their family history.

How Do I Collect Family Information?

Take advantage of family gatherings to ask questions about your family history of cancer. Respectfully ask relatives to fill in the gaps and confirm what you recall. You can find out more by looking through any existing family records. This may include:

- Family trees, birth and death certificates.
- Birthday date books/ documents, photo albums
- Obituaries posted online or clipped from a newspaper.
-

What Kind of Information Do I Need to Collect?

Gather information about yourself and your family so you can share with your provider. This includes information about your -

- Parents and grandparents.
- Sisters, brothers, and children
- Aunts, uncles, nieces and nephews.

Information should include-

- Who had cancer and what kind?
- The age when they were diagnosed.
- Are they still living? If not, at what age did they die and what was the cause of death?

Knowing your family history is especially important if you have a first- degree relative (parent, sibling, or child) who was diagnosed before age 50 with ovarian, uterine, breast, or colorectal cancer.

Family history is also important to know if at least 2 or 3 other relatives (grandparents, aunts, uncles, nieces, and nephews) on either side of the family who have had the same cancers.

Which Hereditary Conditions Increase My Chances of Getting Cancer?

While there are several hereditary conditions that increase your chances of developing cancer, 2 of the most common are Hereditary Breast and Ovarian Cancer (HBOC) syndrome and Lynch syndrome.

Women with HBOC have an increased risk for breast, ovarian, and several other cancers.

Women with Lynch syndrome are at an increased risk for uterine, colorectal, and ovarian cancers.

Talk with your provider about genetic testing and counseling.

What If Cancer Does Not Run in My Family?

You are considered to be at average risk of developing ovarian, uterine, colorectal, and breast cancers if you do not have a family history of these cancers. However, women who have no family history of cancer may still get cancer. So it is important for you to get regularly checked for breast, cervical, and colorectal cancers. Knowing your family history will help your provider and you make decisions about when to start screening and how often to get tested.

What Should I Do If Cancer Runs in My Family?

Many women have a family history of cancer but few carry a genetic mutation that increases their cancer risk. Knowing your family history and talking with your provider is the 1st step in understanding your risk for cancer. You and your family may benefit from receiving genetic counseling and testing.

From Center for Disease Control and Prevention
Susan Miller parishnurse@osmanlutheran.org.

Advance Directives

There will be an educational Health Alliance program on Advance Directives on Monday, September 9, 2019 at 2:00pm at The Waterford at Bridle Brook, 1505 Patton Dr., Mahomet. This course provides an overview of key discussions people can have with their loved ones and caregivers. It also highlights documents they can sign to make sure their healthcare wishes are carried out when the time comes. Please contact EmiLee Lindenbaum at 217-586-3200 by Friday, September 6 to RSVP!

Thank You!

Thank You to Connie Warsaw and Brenda Hendricks for visiting our shut-ins in August.

LWML News

The next LWML meeting is scheduled for September 12th at 7pm in the Fellowship Hall. Barb Whitehouse Gercken has topic and Shirley Sprau and Annette Warsaw are hostesses. All ladies are welcome to attend. Please read over the new proposed by-laws for the combined Ladies Aid/LWML organization before the meeting and come with additions or corrections to be discussed.

Gifts for Adopted LWML Family

LWML ladies have signed up to help an adopted family in Bellflower on a monthly basis, but anyone in the church may donate to this cause. A box is located at the back of the church on the elder's pew for this purpose or give to Marsha Warsaw, coordinator of this project.

2019 LWML Fall Rally

"I am the Lord, I do not change" Malachi 3:6

This is the theme for the 2019 LWML Fall Rally at St. John's Ash Grove on Tuesday, September 17th. Annie Guerrettaz, District Christian Life Chairman, is the featured speaker. Pastor Hahn will lead the Bible study and our district president, Sheila Lutz, will be a special guest. Lunch will follow the business meeting. Registration and coffee hour begins at 8am with opening devotion at 9am. Cost of \$6 which includes coffee hour, lunch, and rally materials is payable at the door. Ingathering project will be classroom supplies for St. John's Buckley, Immanuel Danville, Trinity Danville, St. Paul's Woodworth, and Calvary, Watseka preschool. A list of classroom supplies is posted on the bulletin board along with directions to St. John's Ash Grove. Please let Debbie Lammle know by September 9th by calling 217-419-6717 if you plan to attend.

Osman's Upcoming Events

September

- 3 - Quilting 8am
- 4 - Ladies Aid meeting 1:30pm
- 5 - Quilting 8am
- 12 - LWML meeting 7pm
- 17 - LWML Fall Rally at St. John's Ash Grove 8am
- 18 - Church Council 6:30pm
- 20 - Clean the Church 8am



SEPTEMBER

2019

September Birthdays

Darryl Redding.....09-05
 Jim Poppe.....09-06
 Mark Barrack.....09-07
 Ken Whitehouse.....09-12
 Gene Welborn.....09-14
 Nicholas Homann.....09-16
 Stephanie Gaines.....09-17
 Ryan Peyton.....09-21
 Mitchell Gallier.....09-23
 Rob Gallier.....09-24
 Sara McPike.....09-24
 Arnita Zimmerman.....09-25
 Scott Gercken.....09-26
 Nicholas Haggin.....09-29

September Anniversaries

Kris and Shaun Zimmerman.....09-02-2011
 Sandy and Ryan Lammle.....09-05-2014
 Sue and Jim VanWakeman.....09-13-1969
 Phyllis and David Hasty.....09-14-1985
 Esther and Larry Lutz.....09-18-1965
 Brenda and David Peyton.....09-26-1996

Statistics				
Date	Worship	Sunday School	Conf	Adult Class
7/28	49	-	-	-
8/4	57	-	-	-
8/11	61	-	-	-
8/18	61	1	7	8
8/25	68	3	7	10

