

THE IMMANUEL MESSENGER

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IMMANUEL LUTHERAN CHURCH OF OSMAN

The Lutheran Church-Missouri Synod



Reverend Jeffrey McPike, BCC

June 2019

The fear of the Lord is the
beginning of wisdom.

Proverbs 9:10

Special Guest Pastor



Chris Walters, his wife Dana, and children Brayden and Faith were guests at Immanuel Osman on May 5th. Chris is the seminary student supported by the Osman LWML and Ladies Aid. Chris contacted Pastor McPike to preach on May 5th, but little did he know he would be conducting the entire service. Pastor Ehlers had a medical reaction and couldn't attend church that day. A potluck was held in the Fellowship Hall following service. Chris also showed a presentation of the Ft. Wayne Seminary and the newer buildings that have been built on the site. We wish Chris all the best in his next year!

Lifetouch Pictorial Directory

It is now time for us to start scheduling your personal and family portraits for the 2020 Immanuel Church pictorial directory that will be ready for the celebration next year. We will start scheduling on Sunday, May 26th, under the balcony if that area is available. An alternate meeting place will be announced if it is necessary. The sign-ups will continue after church each Sunday through July 7th. The dates for pictures are July 19th from 2pm until 9pm and July 20th from 9:30am until 4pm. Please check with your family members and calendars to help us get this project up and running. Sign up early so that you can get the date and time that works best for you! Please note also that there is a 20% discount for Military and Senior citizens beginning at age 60 years of age. Thanks!

Directory Committee

125th Ornaments

125th ornaments are available until after the 2020 celebration. Please see Debbie Martin, Christie Delaney, Wilma Grussing, or Marsha Warsaw. Thank you!



Alzheimer's Disease

Alzheimer's disease (AD) is a type of progressive dementia that causes problems with memory, thinking and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks. It is the most common form of dementia and the six leading cause of death in the USA. Those with AD live an average of eight years after their symptoms become noticeable to others, but survival can range from 4-20 years depending on age and other health conditions.

10 warning signs of Alzheimer's disease:

1. Memory loss that affects daily life.
2. Challenges in planning or solving problems.
3. Difficulty completing familiar tasks at home, work, or leisure.
4. Confusion with time or place.
5. Trouble understanding visual images or spatial relationships.
6. New problems with words in speaking or writing.
7. Misplacing things and losing the ability to retrace steps.
8. Decreased or poor judgment.
9. Withdrawal from work or social activities.
10. Changes in mood and personality.

What are risk factors for developing AD? The greatest known risk factor is increasing age. Most with AD are 65 and older. A family history of AD in a parent, brother, or sister is a strong risk factor. Genes have been identified as potentially developing AD. At this time, routine genetic testing for AD is not recommended.

What can you do now: Factors you may be able to influence.

Head injury: there may be a strong link between a serious head injury and future risk of AD, especially when trauma occurs repeatedly or involves loss of consciousness. Protect your brain by wearing your seatbelt, wearing a helmet with sporting activities, biking, skateboarding, etc. Fall-proof your home.

Heart-head connection: Some of the strongest evidence links brain health to heart health. Work with your provider to monitor and treat heart disease, diabetes, high blood pressure, stroke, and high cholesterol.

Overall healthy aging: Strategies for healthy aging may keep the brain healthy. These measures include eating a healthy diet, staying socially active, avoiding tobacco and excessive alcohol, and exercising both body and mind.

If you or someone you know has warning signs of AD, don't ignore them. Schedule an appointment with a provider. An early diagnosis of AD provides a range of benefits for the individual who is diagnosed, as well as their loved ones.

God's Promises "Now faith is being sure of what we hope for and certain of what we do not see." Hebrews 11:1

From Alzheimer's Association

Susan Miller parishnurse@osmanlutheran.org

Thank You!

Thanks to Sue VanWakeman and Debbie Lammle for visiting the shut-ins.

LWML News

The next LWML meeting will be held June 13th beginning at 7pm in the Fellowship Hall. Marsha Warsaw will give the topic and Brenda Hendricks will serve refreshments. Please let Debbie Lammle know if you are unable to attend the meeting, so a copy of the proposed by-laws for the combined Ladies Aid/LWML organization can be passed out before voting at the September meeting. We will be taking a picture of the group for the 2020 church pictorial directory at the meeting on the 13th. **If you have something purple, please wear it to the meeting.** Thanks!

LWML Fundraiser

The LWML is holding a fundraiser for "Pregnancy Resource Center" in Champaign now through Father's Day. Just pick up a baby bottle after church and fill it with your change, cash, or checks and return by June 16th to the elder's pew in the church. Your generous donations go directly to the women and children in our community. Remember: "Children are a gift from the Lord, they are a reward from Him..." Psalm 127:3
"Take a bottle today, change a life tomorrow!"

Girls Night Out

Ready for a night out with church family and friends? Come to the "Girls Night Out" on June 14th beginning at 6:30pm in the Fellowship Hall. Bunco will be played and prizes handed out, along with refreshments and drinks. If you plan on attending, please sign-up and let us know the number of guests attending, and if you are bringing prizes or food to share! We appreciate all your help with this special evening out!

Ladies Aid

The Immanuel Osman Ladies Aid held its May meeting on the first Wednesday of the month. President Lammle called the meeting to order and began with two verses of "Blessed Savior, Who Hast Taught Me". Shirley Sprau gave the devotion and prayer. The group continued discussion of new by-laws for the combined Ladies Aid/LWML organization. Roll call and minutes were read by Secretary, Shirley Sprau. The treasurer's report was given by Connie Warsaw with a balance of \$1735.55. Wilma Grussing gave the flower fund report with a balance of \$208.80. Quilting was announced for June 4 and 6, but the dates for July quilting were tabled. Thanks were given to everyone who helped with the Maundy Thursday meal when 50 members were served a lasagna meal (lasagna, salad, bread, desserts, and drinks) before the Maundy Thursday service. Thanks were also given to Terri Hooker for boxing the 18 quilts for the LWML-CID convention in Danville, Terri Hooker and Debbie Lammle for making the quilts/afghans for the Veterans at Cannon Place in Danville, and all others who helped make quilt tops, tie quilts, and bind the edges. Reminders were given to pay dues to Connie Warsaw, flower fund donations to Wilma Grussing, and LCFS donations to Annette Warsaw. Thanks were given to Brenda Hendricks and Sue VanWakeman for volunteering to help with the upcoming potluck on May 5th for Chris Walters and family. Thanks were given to Shirley Sprau for serving refreshments after the meeting. The next meeting will be June 5th, with Brenda Hendricks giving the topic and Debbie Lammle giving devotion and serving refreshments. Roll call will be answered with a verse on patience. The meeting ended with song and prayer.

2019 Vacation Bible School

2019 Bible School is being discussed and we need someone to be the Director this summer. If anyone would like to help with that position, please let Pastor or Chairman Hardesty know.

Organ Concert

On Sunday June 9th at 4:00pm the renovated and enlarged pipe organ at St. John Lutheran Church in Champaign will be rededicated and celebrated with an organ concert by Keith Williams. All are welcome to attend this celebration, which will include music by Praetorius, Buxtehude, Bach, Durufle and others. The organ has been rebuilt and enlarged by Buzard Pipe Organ Builders of Champaign over the past 7 years, with the recent work adding several new stops to the instrument. Keith Williams is both the Organist/Choir Director at St. John Lutheran Church and the Service Director at Buzard Pipe Organ Builders. St. John Lutheran Church is located at the corner of Mattis Ave. and John Street, and is fully handicapped accessible. A reception hosted by the church choirs will follow in the church's Fellowship Hall.

JUNE 2019

Important Dates

Upcoming Events:

June 4: Quilting at 8am
 June 5: Ladies Aid meeting at 1:30pm
 June 6: Quilting at 8am
 June 9: Pentecost Sunday
 June 13: LWML at 7pm
 June 14: Girls Night Out at 6:30pm
 June 16: Trinity Sunday
 June 16: Father's Day
 June 19: Church Council at 6:30pm

June Anniversaries

Jenna and Nathan Mangold.....06-03-2011
 Jamie and Aaron Krueger.....06-10-2017
 Jill and Rick Hardesty.....06-11-1994
 Terri and Dwight Hooker.....06-15-1985
 Beth and Neil Bidner.....06-23-2001
 Debbie and John Lammle.....06-25-1977
 Janet and Myron Zimmerman.....06-30-1979

Statistics

Date	Worship	Sunday School	Conf	Adult Class
4/28	61	-	-	-
5/5	58	3	7	0
5/12	59	n/a	n/a	n/a
5/19	55	n/a	n/a	n/a
5/26	n/a	n/a	n/a	n/a

June Birthdays

Susan Martin.....06-03
 Brant Hendricks.....06-08
 Jamie Poppe.....06-08
 Donald Warsaw.....06-09
 Jim VanWakeman.....06-12
 Amanda Amdor.....06-13
 Rong Warsaw06-13
 Michael Brooks.....06-15
 Brenda Edwards.....06-16
 Jeri Bidner.....06-18
 Dick Johnson.....06-19
 Natalie Hooker.....06-21
 Beth Bidner.....06-22
 Kim Clemmons.....06-24
 Laura Zimmerman.....06-26
 Ashley Martin.....06-27
 Jack Gallier.....06-30