

Those Assisting Us Today

Elder Jim VanWakeman
Altar Guild Debbie Martin and Terri Hooker
Organist Alicia Haggin
Lay Reader..... Joy Johnson
Acolyte Addi Warsaw

Agnus Day



"Agnus Day appears with the permission of www.agnusday.org"

Bulletin Deadline

If you have announcements for the weekly Bulletin, please forward those to Linda Warsaw by **NOON on Wednesdays**. You may contact her by email at secretary@osmanlutheran.org or by phone at **309-828-5883**. Thank you!

Mowing List

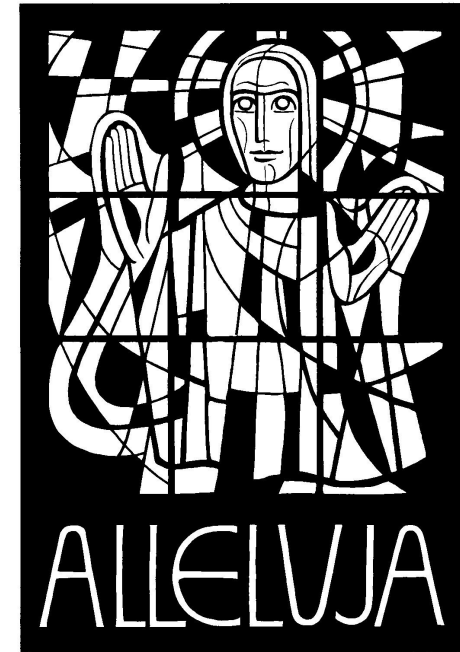
May 25 Jerry Edwards
June 1 Butch and Steven Sprau
June 8 Lee Whitehouse

IMMANUEL LUTHERAN CHURCH OF OSMAN

The Lutheran Church-Missouri Synod

Fifth Sunday of Easter

May 19, 2019 at 9:30 a.m.



942 Grape Avenue, Fisher, Illinois 61843-8512
<http://www.OsmanLutheran.org>
Church@OsmanLutheran.org
(217) 897-6170

Rev. Jeffrey McPike, BCC
(312) 650-9890
Pastor@OsmanLutheran.org

Welcome in Jesus' Name

We are pleased to have you with us and hope that you are enriched today in the fellowship of the Word. May the Lord bless you in the days ahead! If you are a visitor, please sign our guest book at the back of the church or complete a visitor card found in each pew.

Matins

OPENING HYMN, "Salvation unto Us Has come" 555:1-5

Printed Matins (*see separate folder*)

Psalm — Introit on bulletin insert

HYMN OF THE DAY, "Salvation unto Us Has Come" 555:6-9

First Reading: Acts 11:1-18

A. O Lord, have mercy on us.

C. Thanks be to God.

Epistle: Revelation 21:1-7

A. O Lord, have mercy on us.

C. Thanks be to God.

Holy Gospel: John 16:12-22

Responsory: (see Matins folder)

Catechism: Confession and Absolution (Page 326)

Sermon

Canticle Hymn, "We Praise You and Acknowledge You, O God" 941

The Offering

Prayers (*please refer to the printed folder*)

CLOSING HYMN, "Salvation unto Us Has Come" 555:10

The last stanza of this hymn has a triangle after it, indicating that it gives praise to the Trinity. We stand for that stanza, and also sing "Amen" at the end.

Let Us Pray...

...for our members who are homebound: **Johanne Bloch, and Karen Bryan**

...for thanksgiving and praise for our blessings;

...for God's healing hand for those who have been ill;

...for Kathy Brendel for healing and strength;

...for Jodi Burgess for healing and strength;

...for Esther Lutz for healing and strength;

...for those in need of God's mercy and care;

...for Prince of Peace, Martinsville, IN;

...for the University of Illinois and other institutions of higher learning;

...and for favorable weather and the safety and protection of our farmers as they begin planting season.

PLEASE return your Matins service folder to the Elder's Pew as you leave the church today, so that they may be reused. Thank You!

Announcements

Pastor McPike will meet with the confirmation class today after church.

Our heartfelt sympathy is extended to the family and friends of Robert McCleary who departed from his earthly life on May 9. Robert was the brother to Bill McCleary. He was born in rural Bellflower and farmed in Blue Ridge. He served in the Army in the Korean War. He enjoyed his large family, farming, traveling, and his church involvement in the First Presbyterian Church of Tolono. His funeral was held Wednesday. May God provide comfort for all those who mourn.

Choir Practice: The choir will practice on Wednesday, May 22 at 7:00 PM.

Lifetouch Picture Directory Update: It is now time for us to start scheduling your personal and family portraits for the 2020 Immanuel Church pictorial that will be ready for the celebration next year. We will start scheduling on Sunday, May 26th, under the balcony if that area is available. An alternate meeting place will be announced if it is necessary. The dates are July 19th from 2 p.m. until 9 p.m. and July 20th from 9:30 a.m. until 4 p.m.. Please check with your family members and calendars to help us get this project up and running. Sign up early so that you can get the date and time that works best for you! Thanks! Directory Committee

The following members were unintentionally left out of the bulletin last week for helping prepare for the church cleaning: Rich Ringer, Nick Haggin, Dave Kunde, Jeff Warsaw, and Brenda Hendricks. We appreciate all their assistance in this project.

The LWML is continuing their fundraiser for the "Pregnancy Resource Center" in Champaign through Father's Day. Just pick up a baby bottle after church and fill it with your change, cash, or check and return by June 16th to the elder's pew in the church. Your generous donations go directly to the women and children in our community. Remember: "Children are a gift from the Lord, they are a reward from Him...."Psalm 127:3. **"Take a bottle today, change a life tomorrow!"**

"Worship Anew" - Know someone who can't get to church? Lutheran Ministries from Concordia Theological Seminary produces "Worship Anew". It airs locally on WCIX-49 on Sunday mornings at 7:30am.

All ladies of the church and their guests are invited to the annual "Girls Night Out" to be held on June 14th beginning at 6:30pm in the Fellowship Hall. The evenings entertainment will be bunco, with prizes awarded throughout the evening. Food and fellowship are also part of the excitement during the event! Please sign up by June 9th, and let us know the number of people attending, and whether you are helping with prizes and/or refreshments.

Immanuel Osman LWML members voted to support a single mother in Bellflower who has a daughter that has several medical needs. We will assist this family for the entire year. LWML members may sign up on the bulletin board in the church if they wish to help. Anyone else who would like to donate a visa card, gas card, or gift card to a grocery store, please place your donations in the box on the elder's pew. Remember Matthew 25:40 - "I tell you the truth, whatever you did for one of the least of these brothers and sisters of mine, you did for Me."

Osman WI-Fi: The Osman Wi-Fi code for "OsmanChurch(public)" is "romans1017".

Additional Announcements

Mind Your Risks

Stroke and dementia are more likely to affect people with high blood pressure. Understand the links and learn what you can do to minimize your risk. Many people with high blood pressure know they are at increased risks for strokes but newer evidence shows an increased risk for dementia later in life, also.

Do keep your blood pressure in the normal range, less than 120 systolic/ less than 80 diastolic. What role does your blood pressure play in keeping a healthy brain? Test your knowledge with this True or False quiz.

1. High blood pressure can raise your risk of dementia or stroke. __
2. One in eight adults in the U.S. have high blood pressure.__
3. Preventing stroke and dementia is most effective if you start later in life.__
4. The only thing you can do to prevent stroke and dementia is to lower your blood pressure.__
5. Chronic medical conditions, like diabetes, can raise your risk of high blood pressure.__
6. Too much salt can raise your blood pressure.__
7. Taking care of your heart health benefits your brain.__
8. High cholesterol is a major risk factor for heart disease and stroke.__
9. I know my blood pressure.__

Answers

1. T. Over time high blood pressure weakens and changes arteries that leads to strokes and dementia.
2. F. One in three U.S. adults have high blood pressure. Only about half have it under control.
3. F. Starting early in life is most effective in preventing strokes or dementia.
4. F. You can quit smoking, lower cholesterol, eat healthy, and exercise regularly.
5. T. Managing your diabetes lowers your risks for stroke and dementia.
6. T. Many Americans consume too much salt for heart and brain health.
7. T. The heart and brain vessels are closely linked, healthy living benefits both.
8. T. Reducing cholesterol will lower your risk for stroke, dementia and other health conditions.
9. T or F. Congratulations if you know your numbers. Get yours checked today if you don't.

Blood pressure checks will be today after church.

Susan Miller parishnurse@osmanlutheran.org.