

Statistics

April 28 Attendance 61
April 28 Offering \$1,570.62

Those Assisting Us Today

Elder Jim Van Wakeman
Altar Guild Debbie Martin and Terri Hooker
Organist Alicia Haggin
Lay Reader Theresa Van Wakeman-Wilson
Acolyte Melia Warsaw

Agnus Day



"Agnus Day appears with the permission of www.agnusday.org"

Bulletin Deadline

If you have announcements for the weekly Bulletin, please forward those to Linda Warsaw by **NOON on Wednesdays**. You may contact her by email at secretary@osmanlutheran.org or by phone at **309-828-5883**. Thank you!

Mowing List

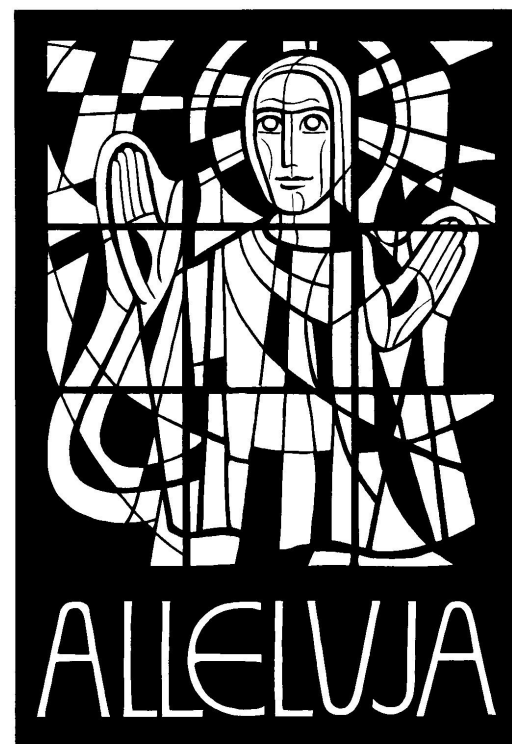
May 11 Marvin Clemmons
May 18 Bill McCleary and Skinner Johnson
May 25 Jerry Edwards

IMMANUEL LUTHERAN CHURCH OF OSMAN

The Lutheran Church-Missouri Synod

Third Sunday of Easter

May 5, 2019 at 9:30 a.m.



942 Grape Avenue, Fisher, Illinois 61843-8512
<http://www.OsmanLutheran.org>
Church@OsmanLutheran.org
(217) 897-6170

Rev. Jeffrey McPike, BCC
(312) 650-9890
Pastor@OsmanLutheran.org

Welcome in Jesus' Name

We are pleased to have you with us and hope that you are enriched today in the fellowship of the Word. May the Lord bless you in the days ahead! If you are a visitor, please sign our guest book at the back of the church or complete a visitor card found in each pew.

DIVINE SERVICE, Setting Three

OPENING HYMN, "Now All the Vault of Heaven Resounds" 465

(The last stanza of this hymn has a triangle after it, indicating that it gives praise to the Trinity. We stand for that stanza, and also sing "Amen" at the end.)

Confession and Absolution (page 184)

Introit

Kyrie (page 186)

Gloria in Excelsis (page 187)

Salutation and Collect of the Day (page 189)

First Reading: Acts 9:1-22

A: This is the Word of the Lord.

C: Thanks be to God.

Gradual

Epistle: Revelation 5:8-14

A: This is the Word of the Lord.

C: Thanks be to God.

Alleluia and Verse (page 190)

Holy Gospel: John 21:1-14

A: This is the Gospel of the Lord.

C: Praise be to Thee, O Christ.

Apostles' Creed (page 192)

HYMN OF THE DAY, "Good Christian Friends, Rejoice and Sing" 475

Sermon

Offertory (page 192-193)

The Offering

"Alleluia, Alleluia" Choir

Prayer of the Church (page 193)

The Lord's Prayer (page 196)

Collect, Salutation and Benedicamus (page 201)

Benediction (page 202)

CLOSING HYMN, "Jesus Shall Reign" 832

Let Us Pray...

...for our members who are homebound: **Johanne Bloch, and Karen Bryan**

...for thanksgiving and praise for our blessings;

...for God's healing hand for those who have been ill;

...for Kathy Brendel for healing and strength;

...for Jodi Burgess for healing and strength;

...for Esther Lutz for healing and strength;

...for those in need of God's mercy and care;

...for Concordia University, Chicago (River Forest);

...for the Missouri District of the LCMS;

...for Immanuel, Charleston;

...and for favorable weather and the safety and protection of our farmers as they approach planting season.

Announcements

Welcome to our guest, Chris Walters, his wife, Dana, and children, Brayden and Faith. Chris is a seminary student at Ft. Wayne Seminary, and Dana works at a Nursing Home. Enjoy fellowship with the family at the potluck after church in the fellowship hall.

The youth group will be working on some landscaping at the church this afternoon if the weather permits. They will be planting some flowers, raking some mulch, and cleaning up some areas around bushes. They will start around 3 PM and end with pizza at the fellowship hall around 5 PM. A \$250 Thrivent Action Team card, which was applied for by Brenda Hendricks, will be used to cover some of the landscaping expenses and the pizza. Thank you to the youth for helping to beautify the church grounds!

Work on the church ceiling: Per the Quarterly Voter's meeting last Sunday, work on the church ceiling will begin on May 6th. Please limit your comings and goings in and out of the church to allow the workers to complete their work in a timely manner. The work should take approximately 1 week and you will be notified if we need to have church in the fellowship hall the following week of May 12th. Thank you for your patience!

The Choir will practice on May 8 at 7PM in the Annex.

Holy Communion will be celebrated next Sunday (May 12) and May 19. Pastor and Sharon are in northern Indiana at a family event this weekend.

Quilting will be held May 7th and 9th, beginning at 8am.

The next Church Council meeting will be May 15th at 6:30pm.

Pastor McPike will meet with the confirmation class after church on May 19th.

125th ornaments are available until after the 2020 celebration. Please see Debbie Martin, Christie Delaney, Wilma Grussing, or Marsha Warsaw. Thank you!

"Save the Date" - Lifetouch Picture Directory for the celebration: The picture dates are: Friday, July 19th from 2-9pm and on Saturday, July 20th from 9:30am to 4:00 pm. We will be back in touch with everyone close to the time to finalize everything.

"Worship Anew" - Know someone who can't get to church? Lutheran Ministries from Concordia Theological Seminary produces "Worship Anew". It airs locally on WCIX-49 on Sunday mornings at 7:30am.

Osman Wi-Fi: The Osman Wi-Fi code for "OsmanChurch(public)" is "romans1017".

Immanuel Osman LWML members voted to support a single mother in Bellflower who has a daughter that has several medical needs. We will assist this family for the entire year. LWML members may sign up on the bulletin board in the church if they wish to help. Anyone else who would like to donate a visa card, gas card, or gift card to a grocery store, please place your donations in the box on the elder's pew. Remember Matthew 25:40 - "I tell you the truth, whatever you did for one of the least of these brothers and sisters of mine, you did for Me."

Mental Health Month

May is Mental Health Month. There are some common tools and strategies- such as animal companionship, humor, spirituality, work-life balance, recreation and social networking- that lead to improvements in both physical and mental health. Last week was about animal companionship and humor. This week is focused on work-life balance and recreation and social networking.

Work-Life Balance

Work allows you to take care of yourself and family while also serving a purpose in the community, but when it takes over your life, it can negatively affect your health. People who feel they have good work-life balance are more satisfied with their job and their life, and experience fewer symptoms of depression and anxiety. More than half of people who responded to the Mental Health Association's Work Health Survey say that they do unhealthy things (e.g. drinking, drug use, lashing out at others) to cope with workplace stress. Over 75% of people are afraid to take a day off to attend to their mental health. More than 2/3 of people have had their sleep negatively affected by workplace issues. Poor work-life balance increases your risk for health conditions like sleep problems, digestive disorders, and mental health problems. This is especially true for people that work longer shifts, or on nights and weekends.

Recreation And Social Networking

People with strong social relationships are 50% more likely to live longer than weak social relationships. People who spend time in nature have better perceptions of their own emotional well-being. Taking a vacation can help to feel happier and less stressed for a while. Even short vacations help. Loneliness can increase your risk of chronic health issues like high blood pressure. A study showed people who participated in leisure activities like reading, playing board games, playing musical instruments, and dancing were less likely to develop dementia.

From Mental Health America and CDC (Center for Disease Control)

Susan Miller 217-671-0900 parish nurse@osmanlutheran.org

If anyone needs an arc, I Noah guy. Readers Digest