

Statistics

Attendance November 4 58
Offering November 4 \$1,182.36

Those Assisting Us Today

Elder Roy Whitehouse
Altar Guild Sue Van Wakeman and Annette Whitehouse
Organist Alicia Haggin
Lay Reader..... Joy Johnson
Acolyte Addi Warsaw

Agnus Day



"Agnus Day appears with the permission of www.agnusday.org"

Bulletin Deadline

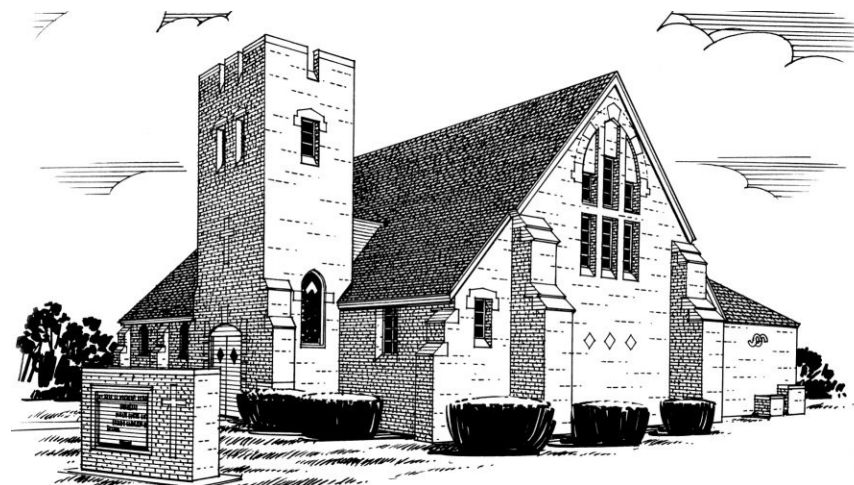
If you have announcements for the weekly Bulletin, please forward those to Linda Warsaw by **NOON on Wednesdays**. You may contact her by email at secretary@osmanlutheran.org or by phone at **309-828-5883**. Thank you!

IMMANUEL LUTHERAN CHURCH OF OSMAN

The Lutheran Church-Missouri Synod

Twenty-fifth Sunday after Pentecost

November 11, 2018 at 9:30 a.m.



942 Grape Avenue, Fisher, Illinois 61843-8512
<http://www.OsmanLutheran.org>
Church@OsmanLutheran.org
(217) 897-6170

Rev. Jeffrey McPike, BCC
(312) 650-9890

Pastor@OsmanLutheran.org

Welcome in Jesus' Name

We are pleased to have you with us and hope that you are enriched today in the fellowship of the Word. May the Lord bless you in the days ahead! If you are a visitor, please sign our guest book at the back of the church or complete a visitor card found in each pew.

Matins

OPENING HYMN, Hymn Sing

Printed Matins (*see separate folder*)

Psalm — Introit on bulletin insert

HYMN OF THE DAY, "The Temple Rang with Golden Coins" 787

Old Testament Reading: 1 Kings 17:8-16

A. O Lord, have mercy on us.

C. Thanks be to God.

Epistle: Hebrews 9:24-28

A. O Lord, have mercy on us.

C. Thanks be to God.

Holy Gospel: Mark 12:38-44

Catechism: Commandments 1-4 (Page 321)

Chapel Talk

Sermon

Canticle Hymn, "We Praise You and Acknowledge You, O God" 941

The Offering

Prayers (*please refer to the printed folder*)

CLOSING HYMN, "Ye Watchers and Ye Holy Ones" 670

(The last stanza of this hymn has a triangle after it, indicating that it gives praise to the Trinity. We stand for that stanza, and also sing "Amen" at the end.)

Let Us Pray...

...for our members who are homebound: **Marge Morrissey, and Johanne Bloch**

...for thanksgiving and praise for our blessings;

...for God's healing hand for those who have been ill;

...for Darryl Redding for healing;

...for Kathy Brendel for healing and strength;

...for Jodi Burgess for healing and strength;

...for Esther Lutz for healing and strength;

...for Tammy Warren for healing;

...for those in need of God's mercy and care;

...for Friendship, Champaign;

...and for the Southeastern District LCMS.

PLEASE return your Matins service folder to the Elder's Pew as you leave the church today, so that they may be reused. Thank You!

Announcements

Service Notes: Now that Reformation and All Saints have come and gone, themes in the church year turn to the coming of the end - first, the end of the church year using that to point to the coming of the end of time. As things end, we must look at the coming judgment. For Christians, it is a time to surrender and put our trust in God Who has saved us. Both the Old Testament and Gospel lessons direct our attention to trust God, not just in saving us in the end, but every day while we live. In each lesson, a widow with scant resources faces either providing for the work of God by giving all or conserving her limited resources in order to help insure survival. While we have only Jesus' commendation for the widow mentioned in the Gospel, we do know from the story in the Old Testament that the widows provision for Elijah realized the blessing from God that she always had enough. We are similarly called to trust that God will provide as we serve Him. Parameters are green, the color of life in nature. With nature heading quickly into late autumn and then the death-like sleep of winter fast approaching, we are reminded that our lives as God's people are to display the faith that cannot otherwise be seen.

THANK YOU so much for all your support over these past ten years here at Osman, and for the wonderful evening of well-wishing recently on Sunday night celebrating 30 years in the Ministry. Your good wishes are truly appreciated. - Pastor McPike

The Eternal Flame is being sponsored during the month of November by Susan and Austin Miller.

Confirmation memory work: 9th and 10th Commandments and explanations; books of the Bible: Genesis-Malachi. After reciting your memory work to your parents, please get their signature. Sermon notes will be taken on November 18th, and Pastor will meet with the class after church.

Thank you! Thank you to all who volunteered their time this week to make the benefit soup supper for Kade Nichols a success. It took several cooks, bakers, servers, dish washers, decorators, and organizers to make this supper possible. If you were not able to attend but still want to donate, you can make your check to Immanuel Lutheran Church of Osman and give it to Dwight and Terri Hooker or Brenda Hendricks.

Our heartfelt sympathy is extended to Kari Genzel and family on the death of her father, Jerry D. Reifsteck, who died October 31 in Urbana at the age of 60. Pastor McPike and Jerry Limp officiated his funeral on Tuesday, November 6 at the Lux Memorial Chapel in Rantoul. Burial was in Willowbrook Cemetery, Fisher.

Join us for a breakfast brunch to welcome Richard and Rae Ringer TODAY after church in the Fellowship Hall.

Today is the last day to sign-up for the Thanksgiving Meal next Sunday beginning at 5:30pm. The meat, potatoes, vegetable, drinks, and table service will be provided. If you wish to help, please bring a salad or dessert to add to the meal. The Thanksgiving service begins at 7pm in the church.

Please leave your LWML cans on the elder's pew TODAY. Thanks to everyone who contributed to the LWML Mission Grants.

Immanuel Lutheran Women's Guild invites you to their annual Drummer Boy Bazaar on Tuesday, November 13 at Danville. Open from 10am till 2pm, this year we have a new "Christmas Booth" to add to our favorite attractions. Serving the hearty BBQ pulled pork lunch begins at 11:00am. Proceeds are to local charities and Lutheran Missions. Hope to see you there!

Council Meeting: November 14th at 6:30pm (no Confirmation Teacher's Meeting).

"Worship Anew" - Know someone who can't get to church? Lutheran Ministries from Concordia Theological Seminary produces "Worship Anew". It airs locally on WCIX-49 Sunday mornings at 7:30am.

Osman Wi-Fi: The Osman Wi-Fi code for "OsmanChurch(public)" is "romans1017".

American Diabetes Association's Standards Of Medical Care Updated

What do updates to the Standards mean for you? The comprehensive recommendations inform your health care providers about the latest research, helping them make treatment decisions with you and give you the best care possible. Here are some of the key updates for 2018.

Technology Takeoff

More health systems are using electronic health records and digital tools in their platforms, and the guidelines now suggest that utilizing such health data can improve diabetes care and may lower health care costs. The Association also endorses the use of diabetes education via digital tools, in addition to in-person visits. See if your insurance will cover sessions with your certified diabetes educator through text, on-line chats, or web calls.

Continuous Glucose Monitors (CGMs) Changes

Previous Standards stated CGMs could help improve glucose management for adults with Type 1 diabetes age 25 and above. Updated Standards say CGMs have proven helpful beginning at age 18.

The standards include devices that don't require finger sticks to make treatment decisions as well as a new type of CGM that provides on-demand readings, but without alerts. Talk with your health care provider about your options.

A1C Accuracy

The A1C - a measure of blood glucose over the past 3 month period is used to diagnose and monitor diabetes. Labs can use a variety of ways to measure A1C, and some may yield more accurate results for specific cases, for instance, age, race, pregnancy, or certain medical conditions or genetic traits that alter the red blood cells may affect the A1C results. The Standards now include language to make providers aware of this so they can ensure labs use the correct test for you, or they can consider using alternate measures such as self-monitoring or continuous glucose monitoring.

Healthy Hearts

Research has shown that some diabetes medication can lower the risk of heart attack, stroke, and death in people with heart disease and diabetes. The Association put the findings into treatment recommendations for adult type 2 diabetes with heart disease. After life-style management and metformin (a drug to treat diabetes), the treatment plan should include a diabetes medication shown to improve heart health.

Pregnancy and Preeclampsia

Preeclampsia is a serious complication of pregnancy that involves very high blood pressure and potential organ damage. To lower this risk, the Standards recommend women with preexisting type 1 or type 2 diabetes consider daily low-dose aspirin starting at the end of the first semester. Talk with your provider about what's best for you.

Aging Adults

The 2018 recommendations emphasize the importance of individualized treatment for older adults to lower the risk of hypoglycemia, avoid overtreatment of diabetes, and simplify complex regimens.

Changes For Children

Most children with diabetes have type 1. But more children are being diagnosed with type 2 diabetes than ever. The Association has added new recommendations to help detect and treat type 2 children and teens.

Some Things Stay The Same

Some organizations changed their definition of high blood pressure. But these changes were largely based on studies that did not include diabetes. The Association concluded that, in general, the definition of high blood pressure for adults with diabetes remains 140/90 or higher with target less than 140/90. Targets should be individualized.

Diabetes Forecast, the Healthy Living Magazine.

By Allison Tsai

March 2018 parishnurse@osmanlutheran.org