

Statistics

October 14 Attendance 55
October 14 Offering \$1,994.46

Those Assisting Us Today

Elder Marvin Clemmons
Altar Guild Debbie Lammle and Annette Whitehouse
Organist Alicia Haggin
Acolyte Megan Bidner

Agnus Day



"Agnus Day appears with the permission of www.agnusday.org"

Bulletin Deadline

If you have announcements for the weekly Bulletin, please forward those to Linda Warsaw by **NOON on Wednesdays**. You may contact her by email at secretary@osmanlutheran.org or by phone at **309-828-5883**. Thank you!

Mowing Schedule

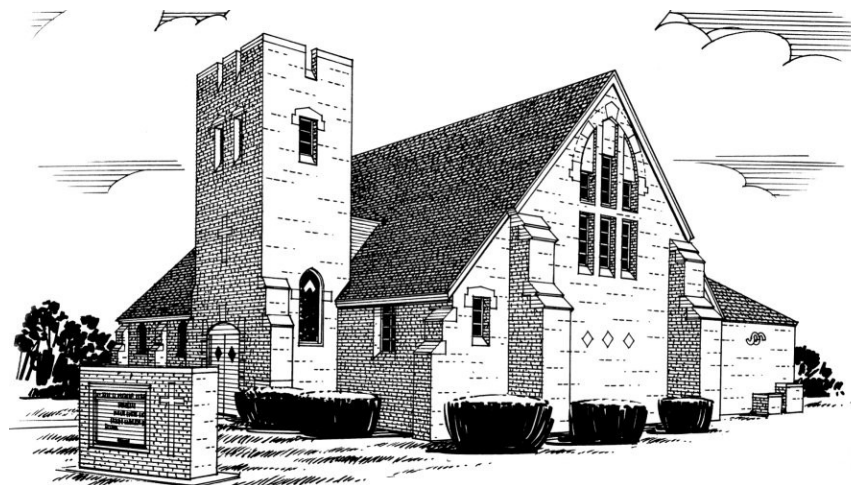
October 27 Steve Warsaw

IMMANUEL LUTHERAN CHURCH OF OSMAN

The Lutheran Church-Missouri Synod

Twenty-second Sunday after Pentecost

October 21, 2018 at 9:30 a.m.



942 Grape Avenue, Fisher, Illinois 61843-8512
<http://www.OsmanLutheran.org>
Church@OsmanLutheran.org
(217) 897-6170

Rev. Jeffrey McPike, BCC
(312) 650-9890

Pastor@OsmanLutheran.org

Welcome in Jesus' Name

Lutherans believe that Jesus Christ is present in the Sacrament so that we receive His true body and blood along with the bread and wine (Mark 14:22, 24; 1 Corinthians 10:16). We further believe that in this Sacrament, we receive the forgiveness of sins (Matthew 26:28) and strength to live an improved Christian life (Galatians 2:20). A worthy communicant is one who is truly repentant of his/her sins and who resolves to amend his/her life (1 Corinthians 11:28). Furthermore, this Sacrament is not only a communion with Christ (Matthew 18:20; 1 Corinthians 10:16), but also with one another (1 Corinthians 10:17; Acts 2:42). Those desiring to commune with us for the first time should register with the pastor in his office BEFORE the service begins.

DIVINE SERVICE, Setting Three

OPENING HYMN, "God Himself Is Present" 907

Confession and Absolution (page 184)
Introit
Kyrie (page 186)
Gloria in Excelsis (page 187)
Salutation and Collect of the Day (page 189)

Old Testament Reading: Ecclesiastes 5:10-20

A: This is the Word of the Lord.

C: Thanks be to God.

Gradual (Insert)

Epistle: Hebrews 4:1-13

A: This is the Word of the Lord.

C: Thanks be to God.

Alleluia and Verse (page 190)

Holy Gospel: Mark 10:23-31

A: This is the Gospel of the Lord.

C: Praise be to Thee, O Christ.

Nicene Creed (page 191)

HYMN OF THE DAY, "What Is the World to Me" 730

Sermon
Offertory (page 192)
The Offering
Prayer of the Church (page 193)

Service of the Sacrament

Preface (page 194)
Sanctus (page 195)
Lord's Prayer (page 196)
The Words of our Lord (page 197)
Pax Domini (page 197)
Agnus Dei (page 198)

DISTRIBUTION HYMN, "Built on the Rock"..... 645

DISTRIBUTION HYMN, "We Give Thee But Thine Own"..... 781

Nunc Dimittis (page 199)
Thanksgiving (page 200)
Salutation and Benedicamus (page 201)
Benediction (page 202)

CLOSING HYMN, "Salvation unto Us Has Come" 555:10

(The last stanza of this hymn has a triangle after it, indicating that it gives praise to the Trinity. We stand for that stanza, and also sing "Amen" at the end).

Let Us Pray...

...for our members who are homebound: **Marge Morrissey, and Johanne Bloch**

...for thanksgiving and praise for our blessings;
...for God's healing hand for those who have been ill;
...for Darryl Redding for healing;
...for Kathy Brendel for healing and strength;
...for Jodi Burgess for healing and strength;
...for Esther Lutz for healing and strength;
...for Tammy Warren for healing;
...for the safety of our farmers during this harvest season;
...for those in need of God's mercy and care;
...for the Atlantic District of LCMS;
...and for Grace, Paris.

Announcements

The Eternal Flame is being sponsored during the month of October by Linda Warsaw in memory of G. Alan Guinn.

Confirmation Class: For next Sunday the memory work includes the 6th Commandment and explanation, and the books of the Bible — Genesis through Malachi.

Please stay after church TODAY for the Voter's meeting.

The Choir will practice on Wednesday, October 24 at 7:00pm.

Pastor's Celebration will be held next Sunday, October 28th at 5:00pm. This special event will begin **in the church** with a musical program, followed by the meal in the fellowship hall. Let's make this a celebration to remember!

Soup Supper Benefit! The Stewardship Committee is organizing a benefit soup supper for Kade Nichols on November 10th, from 4:30 to 7. Kade is a sixth grader at Blue Ridge Intermediate School. He had surgery in April for a brain tumor. After an extensive and successful surgery, it was discovered that Kade's motor skills had been affected. He traveled to the St. Louis area for therapy but was able to return home in July. Another surgery was required after his follow-up MRI in August. The freewill offering will be given to his family for expenses for continual therapy. The menu will be chili, oyster soup, potato soup, sandwiches, pie/desserts, and drinks. A free will offering will be taken. There is a sign-up sheet for food donations on the bulletin board in the back of the church. A Thrivent Action Team card has been applied for to help cover some of the expenses. Please invite your family and friends to come help support Kade and his family!

Thanks to the LWML ladies for making the service last Sunday so special, especially Sue VanWakeman and Wilma Grussing for serving as greeters, Marsha Warsaw as reader, and Diana Zimmerman and Debbie Lammle for taking the offering. Thanks to Sue VanWakeman and Debbie Lammle for making the bulletin board, and for all the ladies who sang the LWML song during the service. We appreciate everyone who took a decorated can to collect mites; we will collect them on November 11th. Let us all continue "Serving the Lord with Gladness".

Thanks to Terri and Dwight Hooker, Diana Zimmerman, Shirley Sprau, and Debbie Lammle for boxing the quilts for Lutheran World Relief. Thanks to Diana Zimmerman, Terri Hooker, and Connie Warsaw for boxing the pillowcase dresses.

Immanuel Lutheran Women's Guild invites you to their annual Drummer Boy Bazaar on Tuesday, November 13 at Danville. Open from 10 am till 2pm, this year we have a new "Christmas Booth" to add to our favorite attractions. Serving the hearty BBQ pulled pork lunch begins at 11:00. Proceeds are to local charities and Lutheran Missions. Hope to see you there!

Five Fabulous Foods For Your Eyes

Written by Kierstan Boyd

Reviewed by G Atma Vemulakonda, MD

You probably already know that keeping your heart healthy depends in part on what you eat. Fortunately, the same diet that helps your heart is good for your eyes.

Eating a diet low in fat and rich in fruits, vegetables and whole grains can pay benefits not only to your heart but also to your eyes. The connection isn't surprising: your eyes rely on tiny arteries for oxygen and nutrients, just as the heart relies on much larger arteries. Keeping those arteries healthy will help your eyes.

Some foods stand out as particularly helpful for eye health. Here are five things you should make sure are part of your diet for healthy vision.

- **Leafy green vegetables.** Kale and spinach are high in lutein and zeaxanthin, two nutrients found in the healthy eye that may lower your risk for age-related macular degeneration (AMD). Other vegetables with significant amounts of lutein and zeaxanthin include romaine lettuce, collards, turnip greens, broccoli, and peas. And while not leafy and green, eggs are also a good source of these nutrients.
- **Citrus fruits.** Oranges, tangerines, grapefruit and lemons are high in vitamin C, an antioxidant critical to eye health. Research shows that your eyes need relatively high levels of vitamin C to function properly and antioxidants can prevent or at least delay cataracts and AMD. Lots of other foods offer vitamin C, including peaches, red peppers, tomatoes and strawberries.
- **Beans.** All kinds of beans (legumes), including black-eyed peas, kidney beans, and lima beans, contain zinc, an essential trace mineral that is found in high concentration in the eyes. Zinc may help protect your eyes from the damaging effects of light. Did you know that peanuts are legumes too? Other foods high in zinc include oysters, lean red meat, poultry, and fortified cereals.
- **Cold-water fish.** Research shows that diets rich in omega-3 fatty acid from cold-water fish may help reduce the risk of developing eye disease later in life. These fish include salmon, tuna, sardines and halibut.
- **Orange-colored vegetables and fruits.** Carrots are high in beta-carotene, a nutrient that helps with night vision, as other orange-colored fruits and vegetables like sweet potatoes, apricots and cantaloupe. Making them a part of a colorful diet can help you keep your eyes healthy.

God's Promises

"Now faith is being sure of what we hope for and certain of what we do not see."
Hebrews 11:1

parishnurse@osmanlutheran.org

"Worship Anew" - Know someone who can't get to church? Lutheran Ministries from Concordia Theological Seminary produces "Worship Anew". It airs locally on WCIX-49 Sunday mornings at 7:30am.

Osman Wi-Fi: The Osman Wi-Fi code for "OsmanChurch(public)" is "romans1017".