### **Statistics**

June 17 Attendance	50
June 17 Offering	\$1,189.43

## Those Assisting Us Today

Elder	Butch Sprau
Altar Guild	Jill Hardesty and Deb Lammle
Organist	Alicia Haggin
Lay Reader	Joy Johnson

### **Agnus Day**



"Agnus Day appears with the permission of www.agnusday.org"

## **Bulletin Deadline**

If you have announcements for the weekly Bulletin, please forward those to Linda Warsaw by **NOON on Wednesdays**. You may contact her by email at **secretary@osmanlutheran.org** or by phone **at 309-828-5883**. Thank you!

## **Mowing Schedule**

June 30	Jim Poppe
July 7	Steve Warsaw
July 14	Shane Zimmerman

# **IMMANUEL LUTHERAN CHURCH OF OSMAN**

The Lutheran Church-Missouri Synod

# The Nativity of St. John the Baptist

June 24, 2018 at 9:30 a.m.



942 Grape Avenue, Fisher, Illinois 61843-8512 http://www.OsmanLutheran.org Church@OsmanLutheran.org (217) 897-6170

> Rev. Jeffrey McPike, BCC (312) 650-9890 Pastor@OsmanLutheran.org

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We are pleased to have you with us and hope that you are enriched today in the fellowship of the Word. May the Lord bless you in the days ahead! If you are a visitor, please sign our guest book at the back of the church or complete a visitor card found in each pew.

## <u>Matins</u>

OPENI	NG HYMN: Hymn Sing		
	Printed Matins (see separate folder)		
	Psalm — Introit on bulletin insert		
HYMN	OF THE DAY, "When All the World Was C	ursed" 346	
	Old Testament Reading: Isaiah 40:1-5  A. O Lord, have mercy on us.  C. Thanks be to God.		
	Second Reading: Acts 13:13-26 A. O Lord, have mercy on us. C. Thanks be to God.		
	Holy Gospel: Luke 1:57-80  Responsory (printed in separate folder)		
	Catechism: Lord's Prayer, Introduction - Sermon	Second Petition (Pages 323-324)	
"Quia fecit mihi magna" from the Bach Magnificat			
	The Offering		
	Prayers (please refer to the printed folder	r)	

We stand for that stanza, and also sing "Amen" at the end.)

## Let Us Pray...

- ...for our members who are homebound: Phyllis Burnett, Marge Morrissey, and Johanne Bloch
- ...for thanksgiving and praise for our blessings;
- ...for God's healing hand for those who have been ill;
- ...for Darryl Redding for healing;
- ...for Kathy Brendel for healing and strength;
- ...for Jodi Burgess for healing and strength;
- ...for Esther Lutz for healing and strength;
- ...for Tammy Warren for healing;
- ...for Harry Henriksen, hospitalized in Chicagoland for health and strength;
- ...for those in need of God's mercy and care;
- ...for the Southern Illinois District;
- ...and for St. Paul, Mattoon (Dorans).

PLEASE return your Matins service folder to the Elder's Pew as you leave the church today, so that they may be reused. Thank You!

#### **Announcements**

Service Notes: The celebration of the birth of John the Baptist is one of the earliest festivals in the church calendar. A notable remark of the John talking about Jesus and attempting to put to rest suggestions that he (John) was the Christ is in John 3:30: "He (Jesus) must increase, I must decrease." While we don't know the actual date of John's birth, St. Augustine suggested already in the fourth century that it was set exactly six months apart from the birth of Jesus at the height of summer, when the days are at their longest and beginning to get shorter, while the birth of Christ is near the winter solstice, when days are shortest and start to get longer. While the story about John is recorded in the New Testament, he is actually the last Old Testament prophet, as prophets from the Old Testament looked to and announced the coming of Jesus. John is also the greatest of all prophets, as he got to meet the promised savior, though like all other prophets, died before the work of Messiah was truly finished. Paraments are White, the color of purity, reminding us that John was living in sanctification even before his birth, as reminded by Elizabeth's words in Luke 1:44.

**The Eternal Flame** is being sponsored during the month of June by Rick and Jill Hardesty.

**Triumphant,** America's Favorite Male Quartet for 9 consecutive years, will be at Grace Church, 800 W. Oak, Mahomet on Saturday, July 7th at 6pm. Call Les Schluter at 217-841-3132 to order your tickets. Advance tickets range from \$10-\$25, and children 0-9 are free. If available, tickets will be \$2 more at the door.

**Be sure and join** in honoring Pastor McPike next Sunday, July 1st, after church in the Fellowship Hall for cake and punch. We will commemorate his 30 years (10 of which were at Osman) in the ministry.

**Don't forget** to come out to Bellflower's July 4th celebration for delicious baked goods made by our LWML members! This is one of our major fundraisers that supports the work of our great organization!

VBS! Our "Splash Canyon" Vacation Bible School will be held Sunday, July 15 - Thursday, July 19 from 6 – 8 p.m. We will host a cook out on Sunday evening at 5 p.m. for all attendees, their parents, and volunteers. On the following evenings, a light supper will be served at 5:30 with the program beginning at 6 each evening. There are registration forms on the back elder pew if you have not received one yet. Please return your completed registration forms to Kim Clemmons or Brenda Hendricks. We need to know how many will be attending so that we have enough supplies for everyone. There will be a sign-up sheet on the bulletin board in the back of the church NEXT SUNDAY for those interested in donating food items to complete our "rip-roaring river ride". All the lessons and activities will concentrate on "God's Promise on Life's Wild Ride" and all have a connection to water.

#### Additional Announcements

Quilting in July has been changed to July 10th and 12th, beginning at 8am.

Commemorative 125th Anniversary Ornament: Please sign up for an ornament commemorating our 125th anniversary. A sample ornament is located by the "sign up" board at the back of the church. Ornaments may be displayed on a hanger, your Christmas tree, or wherever you like. Cost is \$5.00 per ornament and \$5.00 per hanger. Please give payments for ornaments to Christie Delaney, Wilma Grussing, Debbie Martin or Marsha Warsaw. Thank you!

The Osman LWML has adopted a family to help throughout the year. This single mother has 5 children and needs our support. Thanks for the outpouring of love to this family already. She has shown her appreciation many times to those delivering the furniture, clothes, and assistance in rent. The LWML members will be discussing gifts for the children and mother on their birthdays at the upcoming LWML meeting, but if anyone wants to give further financial assistance, please place in the donation box on the elder's pew. Remember - "Whatsoever you do to the least of my brothers, you do unto Me." Matthew 25:40

"Worship for Shut-ins" - Know someone who can't get to church? Lutheran Ministries from Concordia Theological Seminary produces "Worship for Shut-ins". It airs locally on WCIX-49 Sunday mornings at 7:30am.

Osman Wi-Fi: The Osman Wi-Fi code for "OsmanChurch(public)" is "romans1017".

## **Atrial Fibrillation Fact Sheet**

Atrial fibrillation, often called AFib, is the most common type of heart arrhythmia. An arrhythmia is when the heart beats too fast, too slowly or in an irregular way. When a person has AFib, the normal beating in the upper chambers of the heart (the two atria) is irregular, and blood doesn't flow as well as it should from the atria to the lower chambers of the heart (ventricles). AFib may occur in brief episodes or may be a permanent condition.

#### **AFib Symptoms**

Some people who have AFib don't have symptoms. Others may experience:

- Irregular heartbeat
- Heart palpitations (rapid, fluttering or pounding)
- Lightheadedness
- Extreme fatigue
- Shortness of breath
- Chest pain

#### **AFib Risk Factors**

- Advancing age
- High Blood Pressure
- Obesity
- European ancestry
- Diabetes
- Heart failure
- Ischemic heart disease
- Hyperthyroidism
- Chronic kidney disease
- Heavy alcohol use
- Enlargement of the chambers on the left side of the heart.

AFib increase a person's risk for stroke by four to five times compared to people who do not have AFib. Strokes caused by complications from AFib tend to be more severe than strokes with other underlying causes. AFib causes 15%-20% of ischemic strokes, which occur when blood flow to the brain is blocked by a clot or plaque in the blood vessel lining.

#### **AFib Treatment**

Treatment for AFib can include:

- Medications to control the heart's rhythm and rate.
- Blood –thinning medications to prevent clots from forming and reduce stroke risk.
- Surgery
- Medication and healthy lifestyle changes to manage AFib risk factors.

Center for Disease Control

Susan Miller <a href="mailto:parishnurse@osmanlutheran.org">parishnurse@osmanlutheran.org</a>