

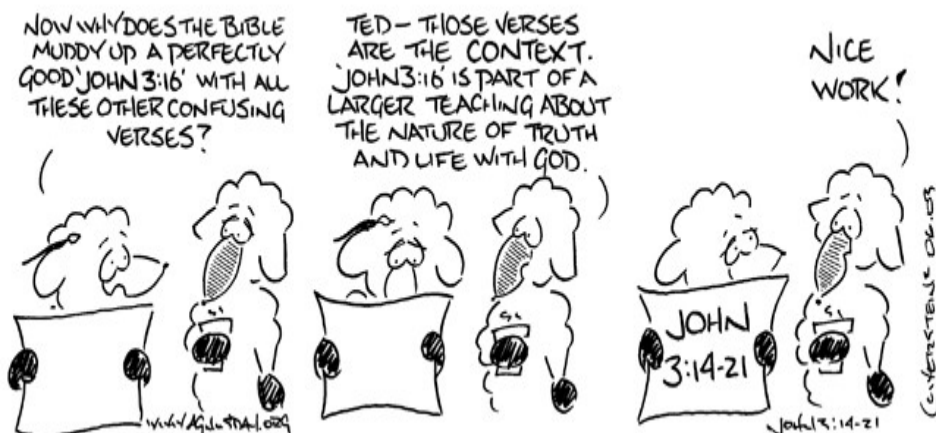
Statistics

February 28 Attendance	33
February 28 Offering	\$427.16
March 4 Attendance	58
March 4 Offering	\$1,703.37

Those Assisting Us Today

Elder	Don Warsaw
Altar Guild	Debbie Lammle
Organist	Alicia Haggin
Lay Reader	Debbie Lammle

Agnus Day



"Agnus Day appears with the permission of www.agnusday.org"

Bulletin Deadline

If you have announcements for the weekly Bulletin, please forward those to Linda Warsaw by **NOON on Wednesdays**. You may contact her by email at secretary@osmanlutheran.org or by phone at **309-828-5883**. Thank you!

IMMANUEL LUTHERAN CHURCH OF OSMAN

The Lutheran Church-Missouri Synod

Fourth Sunday in Lent

March 11, 2018 at 9:30 a.m.



942 Grape Avenue, Fisher, Illinois 61843-8512
<http://www.OsmanLutheran.org>
Church@OsmanLutheran.org
(217) 897-6170

Rev. Jeffrey McPike, BCC
(217) 903-4853
Pastor@OsmanLutheran.org

Welcome in Jesus' Name

We are pleased to have you with us and hope that you are enriched today in the fellowship of the Word. May the Lord bless you in the days ahead! If you are a visitor, please sign our guest book at the back of the church or complete a visitor card found in each pew.

DIVINE SERVICE, Setting Three

OPENING HYMN, "Today Your Mercy Calls Us" 915

Confession and Absolution (page 184)

Introit

Kyrie (page 186)

Salutation and Collect of the Day (page 189)

Old Testament Reading: Numbers 21:4-9

A: This is the Word of the Lord.

C: Thanks be to God.

Gradual (Insert)

Epistle: Ephesians 2:1-10

A: This is the Word of the Lord.

C: Thanks be to God.

Holy Gospel: John 3:14-21

A: This is the Gospel of the Lord.

C: Praise be to Thee, O Christ.

Apostles' Creed (page 192)

Chapel Talk

Catechism: Commandments 9 - Close (page 322)

HYMN OF THE DAY, "God Loved the World So That He Gave" 571

(The last stanza of this hymn has a triangle after it, indicating that it gives praise to the Trinity. We stand for that stanza, and also sing "Amen" at the end.)

Sermon

Offertory (page 192)

The Offering

Prayer of the Church (page 193)

The Lord's Prayer (page 196)

Collect, Salutation and Benedicamus (page 201)

Benediction (page 202)

CLOSING HYMN, "Lord, 'Tis Not That I Did Choose Thee" 573

(The last stanza of this hymn has a triangle after it, indicating that it gives praise to the Trinity. We stand for that stanza, and also sing "Amen" at the end.)

Let Us Pray...

...for our members who are homebound: **Phyllis Burnett, Marge Morrissey, and Johanne Bloch**

...for thanksgiving and praise for our blessings;

...for God's healing hand for those who have been ill;

...for Kathy Brendel for healing and strength;

...for Jodi Burgess for healing and strength;

...for Esther Lutz for healing and strength;

...for those in need of God's mercy and care;

...and for Friendship, Champaign.

Announcements

The Eternal Flame is being sponsored during the months of February and March by Rick and Jill Hardesty in honor of the 1st anniversary of Rick's heart transplant.

Thank you! Thank you to all who volunteered their time this week to make the benefit soup supper for Tammy Warren a success. It took several cooks, bakers, servers, dish washers, decorators, and organizers to make this supper possible. If you were not able to attend but still want to donate, you can make your check to Immanuel Lutheran Church of Osman and give it to Dwight and Terri Hooker or Brenda Hendricks.

Choir Practice: There will be choir practice after the Midweek Service on March 14, 2018.

Reminder: The committee for Lenten refreshments for March 14th includes Mr. & Mrs. Steve Martin, Mr. & Mrs. Greg Johnson, Mr. & Mrs. Steve Gaines, Mr. & Mrs. Roy Whitehouse, Mr. & Mrs. Jerry Edwards, and Debbie Martin.

Easter Lilies: Please sign-up on the bulletin board if you wish to donate a lily for Easter. The price for the lily is \$9.00. Please sign up by March 25 and give your money to John Lammle. Checks may be made to Immanuel Lutheran Church of Osman. Thanks!

Colorectal Cancer Fact Sheet

Are you at risk?

- People age 50 and older
- People who smoke
- People who are overweight or obese
- People who are physically inactive
- People who drink alcohol in excess
- People who eat a lot of red or processed meat
- People with a personal or family histories of colorectal cancer or noncancerous polyps
- People with a personal history of an inflammatory bowel disease
- People with family history of inherited colorectal cancers

How do you reduce your risk?

- Be physically active for at least 30 minutes 5 days a week.
- Maintain a healthy weight.

- Don't smoke.
- If you drink alcohol, have no more than 1 drink per day for a woman, 2 for a man.
- Eat fruits, vegetables, and whole grains to stay healthy.
- Eat less red and processed meats.

If you are at average risk, start getting screened at age 50, sooner if at higher risk. If you are older than 75, ask your provider about continued screening. The best time to get screened is before you have symptoms.

What are the symptoms?

- Bleeding from the rectum or blood in the stool
- Change in bowel habits
- General problems in the abdomen, such as bloating, fullness, cramps
- Diarrhea, constipation
- Unexplained weight loss
- Being tired all the time
- Vomiting

How is screening done?

- Colonoscopy every 10 years
- Virtual colonoscopy every 5 years
- Flexible sigmoidoscopy every 5 years
- Double-contrast barium enema every 5 years

Tests that mainly find cancer

- Stool occult blood, stool immunochemical test may be done yearly.
- Stool DNA, ask your provider about this evolving test.

From Prevent Cancer Foundation

Susan Miller parishnurse@osmanlutheran.org

Osman Wi-Fi: The Osman Wi-Fi code for "OsmanChurch(public)" is "romans1017".

"Worship for Shut-ins" - Know someone who can't get to church? Lutheran Ministries from Concordia Theological Seminary produces "Worship for Shut-ins". It airs locally on WCIX-49 Sunday mornings at 7:30am.